



Kids Swimming Classes

5 January – 13 February 2026

Registration via E-Shop «www.lesthermes.net» on **17 December 2025 / 17h00.**

PENGUIN Beginners
Introduction to the water world, getting used to water. "I can make bubbles and get something out of the pool."



TURTLE Intermediate
Moving in the water is already possible without water wings. "I can turn between face-down position and the back and I can glide on my back."



Monday	Tuesday	Wednesday	Thursday	Friday
January : 05. / 12. / 19. / 26.01. February : 02. / 09.02.	January : 06. / 13. / 20. / 27.01. February : 03. / 10.02.	January : 07. / 14. / 21. / 28.01. February : 04. / 11.02.	January : 08. / 15. / 22. / 29.01. February : 05. / 12.02.	January : 09. / 16. / 23. / 30.01. February : 06. / 13.02.
	 15h30-16h15 Cours 5-6 Years « Penguin » 6 x 45 min. = 60 € (+ Entrance fee) max. 10 Kids		 15h30-16h15 Cours 7-8 Years « Turtle » 6 x 45 min. = 60 € (+ Entrance fee) max. 10 Kids	
 16h30-17h15 Cours 4-5 Years « Penguin » 6 x 45 min. = 60 € (+ Entrance fee) max. 10 Kids	 16h30-16h15 Cours 8-10 Years « Duck » 6 x 45 min. = 60 € (+ Entrance fee) max. 10 Kids	 16h30-17h15 Cours 7-8 Years « Turtle » 6 x 45 min. = 60 € (+ Entrance fee) max. 10 Kids	 16h30-17h15 Cours 5-6 Years « Penguin » 6 x 45 min. = 60 € (+ Entrance fee) max. 10 Kids	 16h30-17h15 Cours 8-10 Years « Fish » 6 x 45 min. = 60 € (+ Entrance fee) max. 10 Kids

Duck Advanced
Learning how to swim correctly in different styles. "I know how to swim at least two styles."



Fish Expert
Perfection of swimming styles. "I have mastered the different swimming styles."



Find the right level: Make sure that your child is a "Penguin" before you enroll him/her in the "Turtle" group.

You are not sure about the level ?

Comme and visit us with your child for a swim, an instructor will be able to guide you !