



# Kids Swimming Classes

## 22 September – 31 October 2025







Registration via E-Shop «[www.lesthermes.net](http://www.lesthermes.net)» on **12 September 2025 / 17h00.**

**PENGUIN** Beginners  
Introduction to the water world, getting used to water. "I can make bubbles and get something out of the pool."



**TURTLE** Intermediate  
Moving in the water is already possible without water wings. "I can turn between face-down position and the back and I can glide on my back."



Monday	Tuesday	Wednesday	Thursday	Friday
<b>September :</b> 22. / 29.09. <b>October :</b> 06. / 13. / 20. / 27.10.	<b>September :</b> 23. / 30.09. <b>October :</b> 07. / 14. / 21. / 28.10.	<b>September :</b> 24.09. <b>October :</b> 01. / 08. / 15. / 22. / 28.10	<b>September :</b> 25.09. <b>October :</b> 02. / 09. / 16. / 23. / 29.10	<b>September :</b> 26.09. <b>October :</b> 03. / 10. / 17. / 24. / 31.10
	 <b>14h30-15h15</b> <b>Cours 4-5 Years</b> « Penguin » 6 x 45 min. = 60 € (+ Entrance fee) max. 10 Kids			
 <b>16h30-17h15</b> <b>Cours 4-5 Years</b> « Penguin » 6 x 45 min. = 60 € (+ Entrance fee) max. 10 Kids	 <b>15h30-16h15</b> <b>Cours 5-6 Years</b> « Penguin » 6 x 45 min. = 60 € (+ Entrance fee) max. 10 Kids	 <b>16h30-17h15</b> <b>Cours 7-8 Years</b> « Turtle » 6 x 45 min. = 60 € (+ Entrance fee) max. 10 Kids	 <b>15h30-16h15</b> <b>Cours 8-10 Years</b> « Duck » 6 x 45 min. = 60 € (+ Entrance fee) max. 10 Kids	 <b>16h30-17h15</b> <b>Cours 7-8 Years</b> « Turtle » 6 x 45 min. = 60 € (+ Entrance fee) max. 10 Kids

**Duck** Advanced  
Learning how to swim correctly in different styles. "I know how to swim at least two styles."



**Fish** Expert  
Perfection of swimming styles. "I have mastered the different swimming styles."



**Find the right level: Make sure that your child is a "Penguin" before you enroll him/her in the "Turtle" group.**

**You are not sure about the level ?**

**Comme and visit us with your child for a swim, an instructor will be able to guide you !**